

TD2

Drill: Just The Way You Are

Performing as cast member: TD2 Label: 2 Symbol: W ID:99

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 2.5 stps inside Left 20 yd ln | 1.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | On 25 yd ln | 12.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | On 40 yd ln | 8.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps inside Left 40 yd ln | 8.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 4.0 stps inside Left 35 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 30 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 30 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Left 35 yd ln | on Home hash (High Schl) |
| #9 | 16 | 196 | On 45 yd ln | on Home hash (High Schl) |
| #10 | 12 | 208 | On 40 yd ln | on Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 40 yd ln | 4.0 stps in frnt of Home hash (High Schl) |

TD1

Drill: Just The Way You Are

Performing as cast member: TD1 Label: 1 Symbol: W ID:98

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 2.75 stps inside Left 20 yd ln | 4.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Left 25 yd ln | 13.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.0 stps inside Left 40 yd ln | 8.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp outside Left 45 yd ln | 8.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp outside Left 40 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 30 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 30 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Left 40 yd ln | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps inside Left 45 yd ln | on Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 40 yd ln | on Home hash (High Schl) |
| #11 | 12 | 220 | On 45 yd ln | 4.0 stps in frnt of Home hash (High Schl) |

SD3

Drill: Just The Way You Are

Performing as cast member: SD3 Label: 3 Symbol: H ID:97

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 3.0 stps inside Left 20 yd ln | 7.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps outside Left 30 yd ln | 13.5 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 2.0 stps outside Left 45 yd ln | 8.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Left 45 yd ln | 8.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Left 40 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 35 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 35 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Left 40 yd ln | on Home hash (High Schl) |
| #9 | 16 | 196 | On 50 yd ln | on Home hash (High Schl) |
| #10 | 12 | 208 | On 45 yd ln | on Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 45 yd ln | 4.0 stps in frnt of Home hash (High Schl) |

SD2

Drill: Just The Way You Are

Performing as cast member: SD2 Label: 2 Symbol: H ID:96

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.75 stps outside Left 25 yd ln | 10.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps inside Left 30 yd ln | 12.25 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 1.0 stp inside Left 45 yd ln | 8.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps Left of 50 yd ln | 8.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps outside Left 45 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 35 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 35 yd ln | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Left 45 yd ln | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps Right of 50 yd ln | on Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd ln | on Home hash (High Schl) |
| #11 | 12 | 220 | On 50 yd ln | 4.0 stps in frnt of Home hash (High Schl) |

SD1**Drill: Just The Way You Are**

Performing as cast member: SD1 Label: 1 Symbol: H ID:95

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 1.75 stps outside Left 25 yd In | 13.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps outside Left 35 yd In | 11.25 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 45 yd In | 8.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | On 50 yd In | 8.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | On 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Left 45 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | On 45 yd In | on Home hash (High Schl) |
| #10 | 12 | 208 | On 50 yd In | on Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |

BD1**Drill: Just The Way You Are**

Performing as cast member: BD1 Label: 1 Symbol: O ID:94

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 25 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | On 35 yd In | 10.5 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | On 40 yd In | 12.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps inside Left 40 yd In | 12.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | On 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Left of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Left of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 45 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | On 50 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | On 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 45 yd In | on Home hash (High Schl) |

BD2**Drill: Just The Way You Are**

Performing as cast member: BD2 Label: 2 Symbol: O ID:93

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 2.75 stps inside Left 25 yd In | 9.0 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.5 stps inside Left 35 yd In | 9.75 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 40 yd In | 12.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | On 45 yd In | 12.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 4.0 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 40 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps Right of 50 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | On 50 yd In | on Home hash (High Schl) |

BD3**Drill: Just The Way You Are**

Performing as cast member: BD3 Label: 3 Symbol: O ID:92

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 0.75 stps outside Left 30 yd In | 7.75 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 1.0 stp outside Left 40 yd In | 9.25 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | On 45 yd In | 12.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps inside Left 45 yd In | 12.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | On 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 40 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | On 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | On 50 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps Right of 50 yd In | on Home hash (High Schl) |

BD4**Drill: Just The Way You Are**Performing as cast member: **BD4** Label: 4 Symbol: O ID:91

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.25 stps inside Left 30 yd In | 7.0 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 2.25 stps inside Left 40 yd In | 9.0 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 45 yd In | 12.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | On 50 yd In | 12.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 4.0 stps outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 35 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps outside Right 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | On 45 yd In | on Home hash (High Schl) |

CYM1**Drill: Just The Way You Are**Performing as cast member: **CYM1** Label: 1 Symbol: D ID:100

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 3.0 stps outside Left 25 yd In | 7.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps outside Left 30 yd In | 12.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.0 stps outside Left 45 yd In | 6.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp outside Left 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 4.0 stps inside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Left of 50 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps inside Left 40 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 35 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | On 40 yd In | on Home hash (High Schl) |

CYM2**Drill: Just The Way You Are**Performing as cast member: **CYM2** Label: 2 Symbol: D ID:101

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 2.25 stps outside Left 25 yd In | 9.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps inside Left 30 yd In | 13.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 1.0 stp inside Left 45 yd In | 6.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Left 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | On 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Right of 50 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | On 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | On 40 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 40 yd In | on Home hash (High Schl) |

CYM3**Drill: Just The Way You Are**Performing as cast member: **CYM3** Label: 3 Symbol: D ID:102

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 0.25 stps outside Left 25 yd In | 11.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps outside Left 35 yd In | 13.0 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 45 yd In | 6.0 stps behind Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps Left of 50 yd In | 4.0 stps behind Home hash (High Schl) |
| #5 | 32 | 120 | 4.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 45 yd In | on Home hash (High Schl) |
| #9 | 16 | 196 | 4.0 stps inside Left 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 40 yd In | 4.0 stps behind Home hash (High Schl) |
| #11 | 12 | 220 | On 45 yd In | on Home hash (High Schl) |

GUARD1**Drill: Just The Way You Are**Performing as cast member: **GUARD1** Label: 1 Symbol: G ID:81

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|--|
| #1 | 0 | 36 | 4.0 stps inside Left 25 yd ln | on Visitor hash (High Schl) |
| #2 | 24 | 60 | 4.0 stps inside Left 25 yd ln | 12.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 25 yd ln | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 25 yd ln | 4.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | On 25 yd ln | 8.0 stps behind Home hash (High Schl) |
| #6 | 24 | 144 | 4.0 stps inside Left 25 yd ln | on Home hash (High Schl) |
| #7 | 16 | 160 | On 20 yd ln | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 30 yd ln | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 4.0 stps inside Left 35 yd ln | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 30 yd ln | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 2.0 stps outside Left 30 yd ln | 4.0 stps behind Home side line |

GUARD2**Drill: Just The Way You Are**Performing as cast member: **GUARD2** Label: 2 Symbol: G ID:82

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 3.5 stps inside Left 30 yd ln | 3.0 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Left 30 yd ln | 6.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 30 yd ln | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 30 yd ln | 4.0 stps behind Visitor hash (High Schl) |
| #5 | 32 | 120 | On 30 yd ln | 12.0 stps in frnt of Visitor hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Left 30 yd ln | 4.5 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 2.25 stps inside Left 20 yd ln | 11.5 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps outside Left 25 yd ln | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 3.25 stps inside Left 30 yd ln | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 30 yd ln | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 4.0 stps inside Left 30 yd ln | 10.0 stps behind Home side line |

GUARD3**Drill: Just The Way You Are**Performing as cast member: **GUARD3** Label: 3 Symbol: G ID:83

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Left 35 yd ln | 5.5 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 4.0 stps inside Left 35 yd ln | 3.75 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 35 yd ln | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 35 yd ln | 4.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | On 35 yd ln | 8.0 stps behind Home hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Left 35 yd ln | 8.0 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 1.25 stps outside Left 25 yd ln | 4.5 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.25 stps inside Left 20 yd ln | 9.0 stps behind Home side line |
| #9 | 16 | 196 | 3.5 stps outside Left 30 yd ln | 5.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 30 yd ln | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps inside Left 35 yd ln | 12.0 stps in frnt of Home hash (High Schl) |

GUARD4**Drill: Just The Way You Are**Performing as cast member: **GUARD4** Label: 4 Symbol: G ID:84

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 3.5 stps inside Left 40 yd ln | 7.0 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps outside Left 45 yd ln | 6.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 40 yd ln | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 40 yd ln | 4.0 stps behind Visitor hash (High Schl) |
| #5 | 32 | 120 | On 40 yd ln | 12.0 stps in frnt of Visitor hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Left 40 yd ln | 10.5 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 2.5 stps outside Left 30 yd ln | 0.75 stps behind Home hash (High Schl) |
| #8 | 20 | 180 | 2.75 stps inside Left 20 yd ln | 10.75 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 1.0 stp outside Left 30 yd ln | 13.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 30 yd ln | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 30 yd ln | 6.0 stps in frnt of Home hash (High Schl) |

GUARD5

Drill: Just The Way You Are

Performing as cast member: **GUARD5** Label: 5 Symbol: G ID:85

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.75 stps inside Left 45 yd In | 7.75 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.75 stps inside Left 45 yd In | 12.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 45 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 45 yd In | 4.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | On 45 yd In | 8.0 stps behind Home hash (High Schl) |
| #6 | 24 | 144 | 3.5 stps inside Left 45 yd In | 11.75 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 3.25 stps outside Left 35 yd In | 5.25 stps behind Home hash (High Schl) |
| #8 | 20 | 180 | 0.25 stps outside Left 25 yd In | 3.75 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 3.5 stps inside Left 30 yd In | 7.75 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 30 yd In | on Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps outside Left 30 yd In | on Home hash (High Schl) |

GUARD10

Drill: Just The Way You Are

Performing as cast member: **GUARD10** Label: 10 Symbol: G ID:90

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 4.0 stps outside Right 30 yd In | on Visitor hash (High Schl) |
| #2 | 24 | 60 | 4.0 stps outside Right 30 yd In | 12.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 30 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 30 yd In | 4.0 stps behind Visitor hash (High Schl) |
| #5 | 32 | 120 | On 30 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #6 | 24 | 144 | 4.0 stps outside Right 30 yd In | on Home hash (High Schl) |
| #7 | 16 | 160 | On 20 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 30 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | On 35 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 35 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 2.0 stps inside Right 35 yd In | 4.0 stps behind Home side line |

GUARD9

Drill: Just The Way You Are

Performing as cast member: **GUARD9** Label: 9 Symbol: G ID:89

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Right 30 yd In | 3.0 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Right 30 yd In | 6.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 35 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 35 yd In | 4.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | On 35 yd In | 8.0 stps behind Home hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Right 30 yd In | 4.5 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 2.25 stps inside Right 20 yd In | 11.5 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps outside Right 25 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 0.5 stps outside Right 30 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 35 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 4.0 stps outside Right 35 yd In | 10.0 stps behind Home side line |

GUARD8

Drill: Just The Way You Are

Performing as cast member: **GUARD8** Label: 8 Symbol: G ID:88

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 3.5 stps inside Right 35 yd In | 5.5 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 4.0 stps outside Right 40 yd In | 3.75 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 40 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 40 yd In | 4.0 stps behind Visitor hash (High Schl) |
| #5 | 32 | 120 | On 40 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Right 35 yd In | 8.0 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 1.25 stps outside Right 25 yd In | 4.5 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.25 stps inside Right 20 yd In | 9.0 stps behind Home side line |
| #9 | 16 | 196 | 0.25 stps inside Right 25 yd In | 5.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps outside Right 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |

GUARD7

Drill: Just The Way You Are

Performing as cast member: **GUARD7** Label: 7 Symbol: G ID:87

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Right 40 yd In | 7.0 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps outside Right 45 yd In | 6.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 45 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 45 yd In | 4.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | On 45 yd In | 8.0 stps behind Home hash (High Schl) |
| #6 | 24 | 144 | 3.0 stps inside Right 40 yd In | 10.5 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 2.5 stps outside Right 30 yd In | 0.75 stps behind Home hash (High Schl) |
| #8 | 20 | 180 | 2.75 stps inside Right 20 yd In | 10.75 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.75 stps inside Right 25 yd In | 13.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 35 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps outside Right 35 yd In | 6.0 stps in frnt of Home hash (High Schl) |

GUARD6

Drill: Just The Way You Are

Performing as cast member: **GUARD6** Label: 6 Symbol: G ID:86

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 3.75 stps inside Right 45 yd In | 7.75 stps behind Visitor hash (High Schl) |
| #2 | 24 | 60 | 4.0 stps Right of 50 yd In | 12.0 stps behind Visitor hash (High Schl) |
| #3 | 24 | 84 | On 50 yd In | on Visitor hash (High Schl) |
| #4 | 4 | 88 | On 50 yd In | 4.0 stps behind Visitor hash (High Schl) |
| #5 | 32 | 120 | On 50 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #6 | 24 | 144 | 3.5 stps inside Right 45 yd In | 11.75 stps behind Home hash (High Schl) |
| #7 | 16 | 160 | 3.25 stps outside Right 35 yd In | 5.25 stps behind Home hash (High Schl) |
| #8 | 20 | 180 | 0.25 stps outside Right 25 yd In | 3.75 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 0.25 stps outside Right 30 yd In | 7.75 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps outside Right 35 yd In | on Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps inside Right 35 yd In | on Home hash (High Schl) |

TB5

Drill: Just The Way You Are

Performing as cast member: **TB5** Label: 5 Symbol: K ID:46

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 2.25 stps Left of 50 yd In | 0.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.5 stps Left of 50 yd In | 12.5 stps behind Home side line |
| #3 | 24 | 84 | 1.5 stps Left of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.5 stps Left of 50 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps Left of 50 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps Left of 50 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Left 40 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 35 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | On 35 yd In | 2.0 stps behind Home side line |

TB6

Drill: Just The Way You Are

Performing as cast member: **TB6** Label: 6 Symbol: K ID:45

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 1.0 stp inside Left 45 yd In | 4.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps Left of 50 yd In | 9.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | On 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.25 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.25 stps inside Left 45 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 45 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 45 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 4.0 stps inside Left 35 yd In | 10.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 35 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 1.75 stps inside Left 35 yd In | 2.0 stps behind Home side line |

TB3

Drill: Just The Way You Are

Performing as cast member: TB3 Label: 3 Symbol: K ID:48

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Left 45 yd In | 2.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.0 stps Left of 50 yd In | 12.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.25 stps inside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.25 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.25 stps inside Left 45 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps Left of 50 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps Left of 50 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Left 40 yd In | 6.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Left 40 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 3.5 stps inside Left 35 yd In | 2.0 stps behind Home side line |

TR6

Drill: Just The Way You Are

Performing as cast member: TR6 Label: 6 Symbol: T ID:75

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.0 stp outside Left 45 yd In | 6.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.75 stps inside Left 45 yd In | 6.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 2.75 stps outside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.5 stps outside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps outside Left 45 yd In | 11.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 45 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 45 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 1.25 stps inside Left 40 yd In | 8.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | On 40 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 2.25 stps outside Left 40 yd In | 2.0 stps behind Home side line |

CL6

Drill: Just The Way You Are

Performing as cast member: CL6 Label: 6 Symbol: C ID:24

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.75 stps inside Right 45 yd In | 2.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.25 stps Right of 50 yd In | 4.25 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.75 stps inside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.25 stps inside Left 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.25 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Left of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Left of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Left 45 yd In | 5.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 40 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 0.5 stps outside Left 40 yd In | 2.0 stps behind Home side line |

AS5

Drill: Just The Way You Are

Performing as cast member: AS5 Label: 5 Symbol: A ID:56

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | On 45 yd In | on Home hash (High Schl) |
| #2 | 24 | 60 | On 45 yd In | 13.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.5 stps inside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.5 stps outside Left 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.5 stps outside Left 45 yd In | 8.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 1.25 stps outside Left 45 yd In | 7.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 40 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 1.25 stps inside Left 40 yd In | 2.0 stps behind Home side line |

CL2

Drill: Just The Way You Are

Performing as cast member: CL2 Label: 2 Symbol: C ID:20

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 1.75 stps inside Right 45 yd In | 4.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps inside Right 45 yd In | 2.75 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.0 stps Left of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps Left of 50 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.5 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Left of 50 yd In | 4.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Left 45 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 3.0 stps inside Left 40 yd In | 2.0 stps behind Home side line |

CL1

Drill: Just The Way You Are

Performing as cast member: CL1 Label: 1 Symbol: C ID:19

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 2.0 stps Right of 50 yd In | 0.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | On 50 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.25 stps outside Left 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.25 stps inside Left 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.25 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 4.0 stps inside Left 45 yd In | 6.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 2.75 stps outside Left 45 yd In | 2.0 stps behind Home side line |

CL11

Drill: Just The Way You Are

Performing as cast member: CL11 Label: 11 Symbol: C ID:29

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 2.5 stps outside Right 45 yd In | 8.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.75 stps outside Right 45 yd In | 0.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.25 stps inside Right 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.25 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Right of 50 yd In | 4.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 45 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 1.0 stp outside Left 45 yd In | 2.0 stps behind Home side line |

CL8

Drill: Just The Way You Are

Performing as cast member: CL8 Label: 8 Symbol: C ID:26

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | On 40 yd In | 11.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps inside Right 40 yd In | 4.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 1.25 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.5 stps outside Right 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps outside Right 45 yd In | 8.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 4.0 stps Right of 50 yd In | 6.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 0.75 stps inside Left 45 yd In | 2.0 stps behind Home side line |

CL7

Drill: Just The Way You Are

Performing as cast member: CL7 Label: 7 Symbol: C ID:25

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 0.25 stps outside Right 45 yd In | 6.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.25 stps inside Right 45 yd In | 1.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | On 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps Right of 50 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.5 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps Right of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps Right of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Right 45 yd In | 5.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Left of 50 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 2.5 stps inside Left 45 yd In | 2.0 stps behind Home side line |

CL3

Drill: Just The Way You Are

Performing as cast member: CL3 Label: 3 Symbol: C ID:21

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 2.75 stps inside Right 40 yd In | 10.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps outside Right 45 yd In | 2.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 1.75 stps inside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.25 stps inside Right 45 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.25 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 1.25 stps outside Right 45 yd In | 7.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | On 50 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 3.25 stps Left of 50 yd In | 2.0 stps behind Home side line |

TB2

Drill: Just The Way You Are

Performing as cast member: TB2 Label: 2 Symbol: K ID:49

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | On 50 yd In | 1.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps Right of 50 yd In | 10.25 stps behind Home side line |
| #3 | 24 | 84 | 1.5 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.5 stps Right of 50 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps Right of 50 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps Right of 50 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Right 40 yd In | 6.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Right of 50 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 1.5 stps Left of 50 yd In | 2.0 stps behind Home side line |

TB1

Drill: Just The Way You Are

Performing as cast member: TB1 Label: 1 Symbol: K ID:50

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.75 stps Right of 50 yd In | 6.25 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 0.75 stps inside Right 45 yd In | 7.5 stps behind Home side line |
| #3 | 24 | 84 | On 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.25 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.25 stps inside Right 45 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 45 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 45 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 1.25 stps inside Right 40 yd In | 8.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 0.25 stps Right of 50 yd In | 2.0 stps behind Home side line |

TB4

Drill: Just The Way You Are

Performing as cast member: TB4 Label: 4 Symbol: K ID:47

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.75 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.75 stps inside Right 45 yd In | 8.5 stps behind Home side line |
| #3 | 24 | 84 | 3.25 stps inside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.25 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.25 stps inside Right 45 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps Right of 50 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps Right of 50 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Right 40 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 4.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Right 45 yd In | 4.0 stps behind Home side line |
| #11 | 12 | 220 | 2.0 stps Right of 50 yd In | 2.0 stps behind Home side line |

Bar3

Drill: Just The Way You Are

Performing as cast member: Bar3 Label: 3 Symbol: B ID:42

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 2.0 stps inside Right 45 yd In | 8.5 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.0 stps outside Right 45 yd In | 6.5 stps behind Home side line |
| #3 | 24 | 84 | 2.75 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.5 stps outside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps outside Right 45 yd In | 11.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 45 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 45 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 4.0 stps outside Right 40 yd In | 10.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 6.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 6.0 stps behind Home side line |
| #11 | 12 | 220 | 4.0 stps Right of 50 yd In | 2.0 stps behind Home side line |

TR5

Drill: Just The Way You Are

Performing as cast member: TR5 Label: 5 Symbol: T ID:76

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 3.5 stps outside Left 45 yd In | 7.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Left 45 yd In | 3.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.75 stps inside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.25 stps inside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Left 40 yd In | 11.25 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 45 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 45 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps inside Left 35 yd In | 12.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Left 40 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 4.0 stps inside Left 35 yd In | 6.0 stps behind Home side line |

TR16

Drill: Just The Way You Are

Performing as cast member: TR16 Label: 16 Symbol: T ID:65

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.0 stp outside Left 40 yd In | 10.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.75 stps inside Left 45 yd In | 2.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.75 stps inside Left 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.5 stps outside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps outside Left 40 yd In | 10.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 40 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 40 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 35 yd In | 14.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | On 40 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 2.0 stps outside Left 40 yd In | 6.0 stps behind Home side line |

TR4

Drill: Just The Way You Are

Performing as cast member: TR4 Label: 4 Symbol: T ID:77

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.5 stps inside Left 40 yd In | 9.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.0 stps inside Left 45 yd In | 0.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.0 stp outside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.5 stps outside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps outside Left 40 yd In | 11.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 45 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 45 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 0.5 stps outside Left 40 yd In | 10.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 40 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 0.25 stps outside Left 40 yd In | 6.0 stps behind Home side line |

TR15

Drill: Just The Way You Are

Performing as cast member: TR15 Label: 15 Symbol: T ID:66

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 3.75 stps outside Left 40 yd In | 10.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.75 stps outside Left 45 yd In | 4.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.5 stps inside Left 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.25 stps inside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp inside Left 35 yd In | 10.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 40 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 40 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 2.5 stps outside Left 40 yd In | 12.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 40 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 1.5 stps inside Left 40 yd In | 6.0 stps behind Home side line |

AS1

Drill: Just The Way You Are

Performing as cast member: AS1 Label: 1 Symbol: A ID:60

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 0.25 stps inside Left 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps inside Left 40 yd In | 11.25 stps behind Home side line |
| #3 | 24 | 84 | 2.5 stps outside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.5 stps outside Left 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps outside Left 40 yd In | 8.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 3.25 stps outside Left 45 yd In | 9.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Left 45 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 3.25 stps inside Left 40 yd In | 6.0 stps behind Home side line |

AS9

Drill: Just The Way You Are

Performing as cast member: AS9 Label: 9 Symbol: A ID:52

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 0.75 stps outside Left 45 yd In | 11.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps outside Left 40 yd In | 9.0 stps behind Home side line |
| #3 | 24 | 84 | 0.75 stps outside Left 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.25 stps inside Left 35 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp inside Left 35 yd In | 9.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.5 stps inside Left 40 yd In | 11.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 2.5 stps outside Left 45 yd In | 6.0 stps behind Home side line |

AS7

Drill: Just The Way You Are

Performing as cast member: AS7 Label: 7 Symbol: A ID:54

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 45 yd In | 3.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.5 stps outside Left 45 yd In | 13.0 stps behind Home side line |
| #3 | 24 | 84 | 0.25 stps inside Left 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.25 stps inside Left 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Left 40 yd In | 8.5 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Left 45 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 45 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 0.75 stps outside Left 45 yd In | 6.0 stps behind Home side line |

AS3

Drill: Just The Way You Are

Performing as cast member: AS3 Label: 3 Symbol: A ID:58

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 45 yd In | 9.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | On 40 yd In | 9.75 stps behind Home side line |
| #3 | 24 | 84 | 2.0 stps inside Left 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.5 stps outside Left 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps outside Left 40 yd In | 9.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | On 45 yd In | 10.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 1.0 stp inside Left 45 yd In | 6.0 stps behind Home side line |

CL4

Drill: Just The Way You Are

Performing as cast member: CL4 Label: 4 Symbol: C ID:22

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 2.25 stps inside Right 35 yd In | 11.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.75 stps outside Right 40 yd In | 6.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.25 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.5 stps outside Right 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps outside Right 40 yd In | 8.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 45 yd In | 8.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Left of 50 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 2.75 stps inside Left 45 yd In | 6.0 stps behind Home side line |

CL5

Drill: Just The Way You Are

Performing as cast member: CL5 Label: 5 Symbol: C ID:23

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps outside Right 35 yd In | 10.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.75 stps inside Right 35 yd In | 8.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.0 stps inside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.25 stps inside Right 35 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps inside Right 35 yd In | 9.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | On 45 yd In | 10.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | On 50 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 3.0 stps Left of 50 yd In | 6.0 stps behind Home side line |

CL12

Drill: Just The Way You Are

Performing as cast member: CL12 Label: 12 Symbol: C ID:30

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 2.75 stps outside Right 40 yd In | 11.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.5 stps inside Right 40 yd In | 5.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.5 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.25 stps inside Right 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Right 40 yd In | 8.5 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 3.25 stps outside Right 45 yd In | 9.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Right of 50 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 1.25 stps Left of 50 yd In | 6.0 stps behind Home side line |

CL9

Drill: Just The Way You Are

Performing as cast member: CL9 Label: 9 Symbol: C ID:27

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 0.5 stps outside Right 35 yd In | 11.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.5 stps inside Right 35 yd In | 7.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.5 stps outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.5 stps outside Right 40 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps outside Right 40 yd In | 9.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.5 stps inside Right 40 yd In | 11.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 0.5 stps Right of 50 yd In | 6.0 stps behind Home side line |

Bar2

Drill: Just The Way You Are

Performing as cast member: Bar2 Label: 2 Symbol: B ID:43

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 0.25 stps inside Right 45 yd In | 10.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps inside Right 40 yd In | 6.0 stps behind Home side line |
| #3 | 24 | 84 | 2.0 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.25 stps inside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Right 40 yd In | 11.25 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 45 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 45 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 0.5 stps outside Right 40 yd In | 10.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Right 45 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 2.25 stps Right of 50 yd In | 6.0 stps behind Home side line |

TS5

Drill: Just The Way You Are

Performing as cast member: TS5 Label: 5 Symbol: S ID:34

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 3.75 stps outside Right 45 yd In | 12.5 stps behind Home side line |
| #2 | 24 | 60 | 3.25 stps outside Right 40 yd In | 4.75 stps behind Home side line |
| #3 | 24 | 84 | 3.75 stps inside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.5 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps outside Right 40 yd In | 10.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 40 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 40 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 2.5 stps outside Right 40 yd In | 12.5 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | 3.5 stps inside Right 45 yd In | 6.0 stps behind Home side line |

Bar1**Drill: Just The Way You Are**

Performing as cast member: Bar1 Label: 1 Symbol: B ID:44

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.75 stps outside Right 45 yd In | 13.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 0.25 stps outside Right 40 yd In | 5.25 stps behind Home side line |
| #3 | 24 | 84 | 1.0 stp outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.5 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps outside Right 40 yd In | 11.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 45 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 45 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps inside Right 35 yd In | 12.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 8.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Right 45 yd In | 8.0 stps behind Home side line |
| #11 | 12 | 220 | 1.75 stps inside Right 45 yd In | 6.0 stps behind Home side line |

TS**Drill: Just The Way You Are**

Performing as cast member: TS Label: 1 Symbol: S ID:41

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 2.0 stps inside Right 40 yd In | 10.5 stps behind Home side line |
| #2 | 24 | 60 | 1.25 stps inside Right 35 yd In | 4.5 stps behind Home side line |
| #3 | 24 | 84 | 0.5 stps inside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.25 stps inside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp inside Right 35 yd In | 10.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 40 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 40 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 35 yd In | 14.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 10.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 45 yd In | 10.0 stps behind Home side line |
| #11 | 12 | 220 | On 45 yd In | 6.0 stps behind Home side line |

TR14**Drill: Just The Way You Are**

Performing as cast member: TR14 Label: 14 Symbol: T ID:67

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 1.0 stp inside Left 35 yd In | 10.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps outside Left 45 yd In | 7.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.25 stps outside Left 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Left 35 yd In | 10.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 40 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 40 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Left 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 40 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | On 40 yd In | 10.0 stps behind Home side line |

TR12**Drill: Just The Way You Are**

Performing as cast member: TR12 Label: 12 Symbol: T ID:69

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.0 stps inside Left 30 yd In | 9.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.25 stps outside Left 40 yd In | 10.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.5 stps outside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | On 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | On 30 yd In | 9.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 35 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 35 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 4.0 stps inside Left 30 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 40 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 1.75 stps inside Left 40 yd In | 10.0 stps behind Home side line |

TR13

Drill: Just The Way You Are

Performing as cast member: TR13 Label: 13 Symbol: T ID:68

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.75 stps outside Left 35 yd In | 10.5 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.5 stps inside Left 40 yd In | 9.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.25 stps inside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps inside Left 30 yd In | 9.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 40 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 40 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Left 35 yd In | 13.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Left 45 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 3.5 stps inside Left 40 yd In | 10.0 stps behind Home side line |

TR3

Drill: Just The Way You Are

Performing as cast member: TR3 Label: 3 Symbol: T ID:78

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 0.5 stps inside Left 30 yd In | 8.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps outside Left 40 yd In | 11.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.75 stps outside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.75 stps outside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps outside Left 30 yd In | 8.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 35 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 35 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 1.25 stps inside Left 35 yd In | 11.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 2.25 stps outside Left 45 yd In | 10.0 stps behind Home side line |

AS2

Drill: Just The Way You Are

Performing as cast member: AS2 Label: 2 Symbol: A ID:59

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 3.25 stps inside Left 40 yd In | 11.25 stps behind Home side line |
| #2 | 24 | 60 | 1.25 stps outside Left 35 yd In | 8.75 stps behind Home side line |
| #3 | 24 | 84 | 0.75 stps inside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Left 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps inside Left 30 yd In | 10.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Left 40 yd In | 13.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Left 45 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 0.5 stps outside Left 45 yd In | 10.0 stps behind Home side line |

AS6

Drill: Just The Way You Are

Performing as cast member: AS6 Label: 6 Symbol: A ID:55

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 1.25 stps outside Left 40 yd In | 7.5 stps behind Home side line |
| #2 | 24 | 60 | 0.5 stps inside Left 30 yd In | 11.25 stps behind Home side line |
| #3 | 24 | 84 | 2.5 stps inside Left 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.75 stps outside Left 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps outside Left 30 yd In | 11.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 1.25 stps outside Left 40 yd In | 12.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 1.25 stps inside Left 45 yd In | 10.0 stps behind Home side line |

AS10

Drill: Just The Way You Are

Performing as cast member: AS10 Label: 10 Symbol: A ID:51

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 2.5 stps outside Left 45 yd In | 13.5 stps behind Home side line |
| #2 | 24 | 60 | 1.5 stps inside Left 35 yd In | 8.75 stps behind Home side line |
| #3 | 24 | 84 | 4.0 stps inside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Left 35 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Left 35 yd In | 9.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Left 45 yd In | 12.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Left of 50 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 3.0 stps inside Left 45 yd In | 10.0 stps behind Home side line |

AS4

Drill: Just The Way You Are

Performing as cast member: AS4 Label: 4 Symbol: A ID:57

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|---|
| #1 | 0 | 36 | 0.75 stps inside Left 40 yd In | 9.25 stps behind Home side line |
| #2 | 24 | 60 | 3.25 stps inside Left 30 yd In | 9.75 stps behind Home side line |
| #3 | 24 | 84 | 2.0 stps outside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | On 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | On 30 yd In | 10.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 4.0 stps inside Left 40 yd In | 14.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | On 50 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 2.75 stps Left of 50 yd In | 10.0 stps behind Home side line |

FL16

Drill: Just The Way You Are

Performing as cast member: FL16 Label: 16 Symbol: F ID:17

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 0.75 stps outside Right 30 yd In | 7.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps inside Right 30 yd In | 8.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.75 stps outside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.25 stps inside Right 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps inside Right 30 yd In | 10.25 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 45 yd In | 12.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps Right of 50 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 1.0 stp Left of 50 yd In | 10.0 stps behind Home side line |

FL15

Drill: Just The Way You Are

Performing as cast member: FL15 Label: 15 Symbol: F ID:16

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 2.75 stps inside Right 25 yd In | 3.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 2.0 stps outside Right 30 yd In | 7.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.0 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.75 stps outside Right 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps outside Right 30 yd In | 11.5 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 4.0 stps outside Right 45 yd In | 14.0 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 0.75 stps Right of 50 yd In | 10.0 stps behind Home side line |

CL10

Drill: Just The Way You Are

Performing as cast member: CL10 Label: 10 Symbol: C ID:28

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.75 stps inside Right 30 yd In | 9.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.75 stps outside Right 35 yd In | 8.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.75 stps outside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps outside Right 35 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Right 35 yd In | 9.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Right 40 yd In | 13.25 stps behind Home side line |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Right 45 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 2.5 stps Right of 50 yd In | 10.0 stps behind Home side line |

FL17

Drill: Just The Way You Are

Performing as cast member: FL17 Label: 17 Symbol: F ID:18

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 3.0 stps outside Right 30 yd In | 5.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 0.5 stps inside Right 30 yd In | 8.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.75 stps inside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | On 30 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | On 30 yd In | 10.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 1.25 stps outside Right 40 yd In | 12.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | On 45 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 3.25 stps inside Right 45 yd In | 10.0 stps behind Home side line |

TS4

Drill: Just The Way You Are

Performing as cast member: TS4 Label: 4 Symbol: S ID:33

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | On 40 yd In | 8.25 stps behind Home side line |
| #2 | 24 | 60 | 1.5 stps outside Right 35 yd In | 4.25 stps behind Home side line |
| #3 | 24 | 84 | 2.25 stps outside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.5 stps outside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Right 35 yd In | 10.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 40 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 40 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Right 35 yd In | 13.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps outside Right 45 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 1.5 stps inside Right 45 yd In | 10.0 stps behind Home side line |

TS3

Drill: Just The Way You Are

Performing as cast member: TS3 Label: 3 Symbol: S ID:32

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | 4.0 stps outside Right 40 yd In | 4.0 stps behind Home side line |
| #2 | 24 | 60 | On 30 yd In | 4.0 stps behind Home side line |
| #3 | 24 | 84 | 0.5 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | On 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | On 30 yd In | 9.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 35 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 35 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 1.25 stps inside Right 35 yd In | 11.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | 4.0 stps outside Right 45 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 0.25 stps outside Right 45 yd In | 10.0 stps behind Home side line |

TS2

Drill: Just The Way You Are

Performing as cast member: TS2 Label: 2 Symbol: S ID:31

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.75 stps outside Right 40 yd In | 6.0 stps behind Home side line |
| #2 | 24 | 60 | 3.0 stps inside Right 30 yd In | 4.0 stps behind Home side line |
| #3 | 24 | 84 | 2.25 stps inside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps inside Right 30 yd In | 9.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 40 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 40 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 12.0 stps behind Home side line |
| #10 | 12 | 208 | 2.0 stps inside Right 40 yd In | 12.0 stps behind Home side line |
| #11 | 12 | 220 | 2.0 stps outside Right 45 yd In | 10.0 stps behind Home side line |

FL5

Drill: Just The Way You Are

Performing as cast member: FL5 Label: 5 Symbol: F ID:6

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 0.75 stps outside Right 35 yd In | 2.5 stps behind Home side line |
| #2 | 24 | 60 | 3.0 stps outside Right 30 yd In | 4.0 stps behind Home side line |
| #3 | 24 | 84 | 3.75 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.75 stps outside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps outside Right 30 yd In | 8.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 35 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 35 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 4.0 stps outside Right 35 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 14.0 stps behind Home side line |
| #10 | 12 | 208 | On 40 yd In | 14.0 stps behind Home side line |
| #11 | 12 | 220 | 4.0 stps outside Right 45 yd In | 10.0 stps behind Home side line |

TR11

Drill: Just The Way You Are

Performing as cast member: TR11 Label: 11 Symbol: T ID:70

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|--|
| #1 | 0 | 36 | 1.5 stps outside Left 30 yd In | 6.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps inside Left 35 yd In | 10.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 1.0 stp inside Left 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Left 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.75 stps inside Left 25 yd In | 7.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 35 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 35 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps inside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps outside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 4.0 stps inside Left 40 yd In | 14.0 stps behind Home side line |

TR9

Drill: Just The Way You Are

Performing as cast member: TR9 Label: 9 Symbol: T ID:72

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Left 25 yd In | 1.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps inside Left 30 yd In | 9.5 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.75 stps inside Left 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.75 stps outside Left 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps inside Left 20 yd In | 6.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 30 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 30 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 30 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps outside Left 45 yd In | 14.0 stps behind Home side line |

TR10

Drill: Just The Way You Are

Performing as cast member: TR10 Label: 10 Symbol: T ID:71

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.25 stps outside Left 30 yd In | 3.75 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps outside Left 35 yd In | 10.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.0 stps outside Left 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.75 stps outside Left 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp outside Left 25 yd In | 7.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 35 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 35 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 0.5 stps outside Left 35 yd In | 9.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 0.25 stps outside Left 45 yd In | 14.0 stps behind Home side line |

TR8

Drill: Just The Way You Are

Performing as cast member: TR8 Label: 8 Symbol: T ID:73

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|--------------------------------|--|
| #1 | 0 | 36 | 3.0 stps inside Left 25 yd In | 1.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 0.5 stps inside Left 30 yd In | 8.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | On 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp inside Left 20 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps inside Left 20 yd In | 5.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 30 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Left 30 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 2.5 stps outside Left 35 yd In | 7.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.5 stps inside Left 45 yd In | 14.0 stps behind Home side line |

HORN4

Drill: Just The Way You Are

Performing as cast member: HORN4 Label: 4 Symbol: M ID:61

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 35 yd In | 12.0 stps behind Home side line |
| #2 | 24 | 60 | 4.0 stps inside Left 25 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.5 stps outside Left 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.75 stps outside Left 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp outside Left 25 yd In | 12.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 3.25 stps outside Left 40 yd In | 10.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps Left of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.25 stps inside Left 45 yd In | 14.0 stps behind Home side line |

HORN2

Drill: Just The Way You Are

Performing as cast member: HORN2 Label: 2 Symbol: M ID:63

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 2.25 stps inside Left 30 yd In | 13.5 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps inside Left 25 yd In | 5.75 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.75 stps outside Left 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp inside Left 20 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps inside Left 20 yd In | 13.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Left 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.5 stps inside Left 35 yd In | 8.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.5 stps Left of 50 yd In | 14.0 stps behind Home side line |

AS8

Drill: Just The Way You Are

Performing as cast member: AS8 Label: 8 Symbol: A ID:53

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 4.0 stps inside Left 35 yd In | 6.0 stps behind Home side line |
| #2 | 24 | 60 | 2.0 stps outside Left 30 yd In | 13.0 stps behind Home side line |
| #3 | 24 | 84 | 0.25 stps outside Left 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Left 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.75 stps inside Left 25 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Left 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps Right of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 0.75 stps Left of 50 yd In | 14.0 stps behind Home side line |

HORN3

Drill: Just The Way You Are

Performing as cast member: HORN3 Label: 3 Symbol: M ID:62

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 2.75 stps outside Left 35 yd In | 13.0 stps behind Home side line |
| #2 | 24 | 60 | 3.25 stps inside Left 25 yd In | 8.75 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.25 stps inside Left 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.75 stps outside Left 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps inside Left 20 yd In | 13.5 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | On 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.0 stp Right of 50 yd In | 14.0 stps behind Home side line |

FL14

Drill: Just The Way You Are

Performing as cast member: FL14 Label: 14 Symbol: F ID:15

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|---|
| #1 | 0 | 36 | On 25 yd In | 1.25 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 1.25 stps inside Right 25 yd In | 4.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 0.25 stps outside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.75 stps outside Right 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp outside Right 25 yd In | 12.75 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.75 stps Right of 50 yd In | 14.0 stps behind Home side line |

FL13

Drill: Just The Way You Are

Performing as cast member: FL13 Label: 13 Symbol: F ID:14

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.75 stps outside Right 25 yd In | 6.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 1.75 stps outside Right 25 yd In | 0.25 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.25 stps inside Right 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp inside Right 20 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps inside Right 20 yd In | 13.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | On 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.0 stps inside Right 45 yd In | 14.0 stps behind Home side line |

FL4

Drill: Just The Way You Are

Performing as cast member: FL4 Label: 4 Symbol: F ID:5

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.0 stp inside Right 25 yd In | 1.25 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps inside Right 25 yd In | 5.75 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 2.5 stps inside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Right 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 1.75 stps inside Right 25 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 35 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 3.25 stps outside Right 40 yd In | 10.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps outside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.25 stps inside Right 45 yd In | 14.0 stps behind Home side line |

FL7

Drill: Just The Way You Are

Performing as cast member: FL7 Label: 7 Symbol: F ID:8

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.25 stps outside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 0.25 stps outside Right 25 yd In | 2.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.5 stps outside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.75 stps outside Right 25 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps inside Right 20 yd In | 13.5 stps in frnt of Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.5 stps inside Right 35 yd In | 8.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps outside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 0.5 stps outside Right 45 yd In | 14.0 stps behind Home side line |

FL1

Drill: Just The Way You Are

Performing as cast member: FL1 Label: 1 Symbol: F ID:2

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 3.75 stps outside Right 35 yd In | 2.75 stps behind Home side line |
| #2 | 24 | 60 | 2.75 stps inside Right 25 yd In | 5.5 stps behind Home side line |
| #3 | 24 | 84 | 1.0 stp inside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 2.0 stps inside Right 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.75 stps inside Right 25 yd In | 7.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 35 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 35 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 0.5 stps outside Right 35 yd In | 9.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.25 stps outside Right 45 yd In | 14.0 stps behind Home side line |

FL3

Drill: Just The Way You Are

Performing as cast member: FL3 Label: 3 Symbol: F ID:4

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.5 stps outside Right 30 yd In | 4.0 stps behind Home side line |
| #2 | 24 | 60 | 1.25 stps outside Right 25 yd In | 9.25 stps behind Home side line |
| #3 | 24 | 84 | 2.75 stps inside Right 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.75 stps outside Right 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.75 stps inside Right 20 yd In | 6.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 30 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 30 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 2.5 stps outside Right 35 yd In | 7.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.5 stps inside Right 40 yd In | 14.0 stps behind Home side line |

FL2

Drill: Just The Way You Are

Performing as cast member: FL2 Label: 2 Symbol: F ID:3

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.25 stps inside Right 30 yd In | 3.25 stps behind Home side line |
| #2 | 24 | 60 | 0.5 stps inside Right 25 yd In | 7.25 stps behind Home side line |
| #3 | 24 | 84 | 1.75 stps outside Right 25 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 0.75 stps outside Right 25 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 1.0 stp outside Right 25 yd In | 7.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 35 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 35 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps inside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps outside Right 40 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.75 stps inside Right 40 yd In | 14.0 stps behind Home side line |

FL6

Drill: Just The Way You Are

Performing as cast member: FL6 Label: 6 Symbol: F ID:7

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Right 25 yd In | 5.25 stps behind Home side line |
| #2 | 24 | 60 | 2.75 stps outside Right 25 yd In | 11.5 stps behind Home side line |
| #3 | 24 | 84 | On 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.0 stp inside Right 20 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 0.75 stps inside Right 20 yd In | 5.5 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 30 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps inside Right 30 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | On 30 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps outside Right 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | On 40 yd In | 14.0 stps behind Home side line |

TR7

Drill: Just The Way You Are

Performing as cast member: TR7 Label: 7 Symbol: T ID:74

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.0 stps inside Left 25 yd In | 4.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 1.75 stps outside Left 30 yd In | 6.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 3.25 stps outside Left 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Left 20 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Left 20 yd In | 4.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 30 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 30 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Left 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | On 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

TU1

Drill: Just The Way You Are

Performing as cast member: TU1 Label: 1 Symbol: U ID:40

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 3.75 stps outside Left 45 yd In | 8.5 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | On 50 yd In | 10.0 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 35 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | On 40 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Left 45 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Left of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 40 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps inside Left 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.75 stps inside Left 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

TR2

Drill: Just The Way You Are

Performing as cast member: TR2 Label: 2 Symbol: T ID:79

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.75 stps inside Left 25 yd In | 7.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps outside Left 30 yd In | 3.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 1.5 stps inside Left 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Left 15 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps inside Left 15 yd In | 4.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 30 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Left 30 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Left 30 yd In | 5.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.5 stps inside Left 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

TU2

Drill: Just The Way You Are

Performing as cast member: TU2 Label: 2 Symbol: U ID:39

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 45 yd In | 9.5 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.25 stps Right of 50 yd In | 11.0 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | On 40 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps inside Left 40 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Left 45 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps Right of 50 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Left 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 50 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.25 stps Left of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |

TR1

Drill: Just The Way You Are

Performing as cast member: TR1 Label: 1 Symbol: T ID:80

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 2.25 stps outside Left 30 yd In | 10.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.5 stps inside Left 25 yd In | 0.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | On 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Left 15 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps inside Left 15 yd In | 12.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Left 35 yd In | 6.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 0.5 stps Left of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |

TU3

Drill: Just The Way You Are

Performing as cast member: TU3 Label: 3 Symbol: U ID:38

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps Left of 50 yd In | 10.75 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 1.25 stps inside Right 45 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 40 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | On 45 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps Left of 50 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Left 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps Right of 50 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.25 stps Right of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |

HORN1**Drill: Just The Way You Are**

Performing as cast member: HORN1 Label: 1 Symbol: M ID:64

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | On 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Left 25 yd In | 2.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.0 stps inside Left 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Left 20 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Left 20 yd In | 12.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Left 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Left 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.0 stps Right of 50 yd In | 10.0 stps in frnt of Home hash (High Schl) |

Bari3**Drill: Just The Way You Are**

Performing as cast member: Bari3 Label: 3 Symbol: J ID:35

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 0.25 stps Right of 50 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 1.5 stps outside Right 45 yd In | 13.25 stps in frnt of Visitor hash (High Schl) |
| #3 | 24 | 84 | On 45 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps inside Left 45 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps Right of 50 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 35 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 45 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Left of 50 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.0 stps inside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

FL12**Drill: Just The Way You Are**

Performing as cast member: FL12 Label: 12 Symbol: F ID:13

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | 2.0 stps outside Right 25 yd In | 12.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 3.5 stps outside Right 25 yd In | 5.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.0 stps inside Right 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Right 15 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.75 stps inside Right 15 yd In | 11.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 30 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps outside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.0 stp inside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

Bari2**Drill: Just The Way You Are**

Performing as cast member: Bari2 Label: 2 Symbol: J ID:36

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 3.5 stps inside Right 45 yd In | 13.75 stps in frnt of Visitor hash (High Schl) |
| #2 | 24 | 60 | 3.0 stps inside Right 40 yd In | 13.25 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | 4.0 stps inside Left 45 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | On 50 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps inside Right 45 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps inside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps inside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps Right of 50 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps outside Right 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 0.5 stps outside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

FL9

Drill: Just The Way You Are

Performing as cast member: **FL9** Label: 9 Symbol: F ID:10

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 2.0 stps outside Right 25 yd In | 9.75 stps in frnt of Home hash (High Schl) |
| #2 | 24 | 60 | 2.75 stps outside Right 25 yd In | 2.75 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.75 stps outside Right 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Right 20 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Right 20 yd In | 12.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 30 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps inside Right 35 yd In | 6.5 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.5 stps outside Right 45 yd In | 10.0 stps in frnt of Home hash (High Schl) |

Bari1

Drill: Just The Way You Are

Performing as cast member: **Bari1** Label: 1 Symbol: J ID:37

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|---|
| #1 | 0 | 36 | On 45 yd In | 12.0 stps behind Home hash (High Schl) |
| #2 | 24 | 60 | On 40 yd In | 12.0 stps behind Home hash (High Schl) |
| #3 | 24 | 84 | On 50 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #4 | 4 | 88 | 4.0 stps Right of 50 yd In | 12.0 stps in frnt of Visitor hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Right 45 yd In | on Home hash (High Schl) |
| #6 | 24 | 144 | 2.0 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 2.0 stps outside Right 40 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | On 40 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 3.5 stps inside Right 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |

FL8

Drill: Just The Way You Are

Performing as cast member: **FL8** Label: 8 Symbol: F ID:9

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 1.25 stps inside Right 25 yd In | 7.0 stps behind Home side line |
| #2 | 24 | 60 | 3.5 stps outside Right 25 yd In | 13.5 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 3.25 stps outside Right 20 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 1.75 stps outside Right 20 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 2.0 stps outside Right 20 yd In | 4.75 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 30 yd In | 12.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 30 yd In | 12.0 stps behind Home side line |
| #8 | 20 | 180 | 3.25 stps inside Right 30 yd In | 5.25 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps outside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 1.5 stps inside Right 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |

FL11

Drill: Just The Way You Are

Performing as cast member: **FL11** Label: 11 Symbol: F ID:12

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|---------------------------------|--|
| #1 | 0 | 36 | 1.5 stps outside Right 25 yd In | 12.0 stps behind Home side line |
| #2 | 24 | 60 | 3.75 stps inside Right 20 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | On 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | On 15 yd In | on Home hash (High Schl) |
| #5 | 32 | 120 | On 15 yd In | 11.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps inside Right 25 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #7 | 16 | 160 | 2.0 stps inside Right 25 yd In | 12.0 stps in frnt of Home hash (High Schl) |
| #8 | 20 | 180 | 0.5 stps outside Right 35 yd In | 5.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps outside Right 45 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 4.0 stps outside Right 40 yd In | 6.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | On 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |

FL10

Drill: Just The Way You Are

Performing as cast member: FL10 Label: 10 Symbol: F ID:11

| Set | Move | Count | Left-Right | Visitor-Home |
|-----|------|-------|----------------------------------|--|
| #1 | 0 | 36 | 0.25 stps outside Right 25 yd In | 9.5 stps behind Home side line |
| #2 | 24 | 60 | 3.75 stps inside Right 20 yd In | 11.0 stps in frnt of Home hash (High Schl) |
| #3 | 24 | 84 | 1.5 stps inside Right 15 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #4 | 4 | 88 | 3.0 stps inside Right 15 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #5 | 32 | 120 | 3.0 stps inside Right 15 yd In | 4.0 stps behind Home side line |
| #6 | 24 | 144 | 2.0 stps outside Right 30 yd In | 8.0 stps behind Home side line |
| #7 | 16 | 160 | 2.0 stps outside Right 30 yd In | 8.0 stps behind Home side line |
| #8 | 20 | 180 | 2.0 stps outside Right 30 yd In | 4.0 stps in frnt of Home hash (High Schl) |
| #9 | 16 | 196 | 2.0 stps inside Right 40 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #10 | 12 | 208 | 2.0 stps inside Right 35 yd In | 8.0 stps in frnt of Home hash (High Schl) |
| #11 | 12 | 220 | 2.0 stps outside Right 40 yd In | 10.0 stps in frnt of Home hash (High Schl) |